

Thanksgiving Day

42nd Annual



Thursday, November 23
9:00am



Highland, Indiana



Lincoln Community Center
2450 Lincoln Street
Highland, IN 46322
219-838-0114
www.highlandparks.org
[Facebook.com/highlandparks](https://www.facebook.com/highlandparks)



Highland Parks & Recreation
2450 Lincoln Street
Highland, IN 46322

THE COURSES

The race will begin near the intersection of Highway Ave. and Kennedy Ave., continue south, loop through the streets of Highland, and finish at Lincoln Center.



*USATF CERTIFIED COURSE, IN13031TDK
Chip timed by T&H Timing.

Walkers line up on Jewett St. & begin after last runner passes.

If a runner decides to do the 5K course, we ask that they do NOT finish through the timing chute.

REGISTRATION INFORMATION

Fees	On or before 11/20	Race Day
Runners:	\$20	\$25
Walkers:	\$15	\$20

Mail entries (postmarked by 11/20) to: Highland Parks & Recreation 2450 Lincoln St., Highland, IN 46322. Make check / money order payable to Highland Parks & Recreation. Do not mail cash.

Online registration available through Nov. 20 at <https://register.highlandparks.org>

Race day registration takes place at Lincoln Center from 7:30-8:45am (CASH/CHECK ONLY)

DIVISIONS

- | | |
|----------------------|------------------|
| 1) Female 14 & Under | 15) Female 45-49 |
| 2) Male 14 & Under | 16) Male 45-49 |
| 3) Female 15-19 | 17) Female 50-54 |
| 4) Male 15-19 | 18) Male 50-54 |
| 5) Female 20-24 | 19) Female 55-59 |
| 6) Male 20-24 | 20) Male 55-59 |
| 7) Female 25-29 | 21) Female 60-64 |
| 8) Male 25-29 | 22) Male 60-64 |
| 9) Female 30-34 | 23) Female 65+ |
| 10) Male 30-34 | 24) Male 65+ |
| 11) Female 35-39 | |
| 12) Male 35-39 | |
| 13) Female 40-44 | |
| 14) Male 40-44 | |



SHIRTS / AWARDS / RESULTS

- T-shirt included for all participants through the financial assistance of various sponsors.
- Shirt pick-up: Lincoln Center fieldhouse, Wed. Nov. 22, 5-9:45pm or race day 7:30am
- Post-race awards also held in fieldhouse
- Pumpkin pies awarded to the top 3 finishers in each division.
- Plaques will be awarded to the top overall male & female finishers.
- Race results will be posted at thtiming.com

REGISTRATION FORM 2017 PUMPKIN PLOD

First Name	Last Name	
Street Address		
City	State	Zip
Phone #	Gender (M/F)	
Date of Birth	Age on Race Day	Division #

Long Sleeve T-shirt Size (Please circle):

YS YM YL AS AM AL AXL AXXL

Waiver and Release

I know that participating in a road race is a potentially hazardous activity and that I should not participate unless I am medically able and properly trained to do so. I hereby assume the risks inherent in this event, including but not limited to injury or property damage caused by falls, contact with other participants, or race officials, the effects of the weather, traffic and road course conditions. In consideration of the foregoing, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims and course of action I have or may have against the Town of Highland, Highland Parks and Recreation Department, and race sponsors, that may arise as a result of my participation in this event and any pre- and post- event activities. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose including commercial advertising. I understand and agree to the waiver and release*

Signature

Date

*(If under 18, must have signature of parent or guardian)

Office Use Only:

Receipt #: _____